

2022 – 2023 MJDSBL REFS GUIDELINES For ALL DIVISIONS

1. GAME DURATION, Overtime, Timeouts, FOULS, 3 Pointers

- **ALL** MJDSBL games in **ALL** divisions are 4 quarters of 8 minutes stop time.
- Halftime is 5 minutes.
- All Overtime periods are 4 minutes.
- Timeouts: Each team is allowed 5 Full Timeouts in regulation and 1 additional Timeout in the Overtime period.
- **FOULS** - Normal 1 and 1 free throw rules will take place for 7th foul in the half and the 10th foul will be a double bonus (2 shots). This is for **ALL** divisions.
- **3 Pointers** are allowed in **ALL** divisions.

2. UNIFORMS

- All Team members must wear **legally numbered** uniforms (digits 0 – 5) i.e. no 36, 49, etc.
- Each player must have **white** Home uniforms and **dark** Road uniforms.
- All players on the same team must wear the same uniform.
- **All Girl** players must wear T shirt uniform tops with sleeves and ankle length sweat pants or a skirt. Neither shoulders nor ankles may be exposed.

3. HOME TEAM must provide the following at each game:

- Regulation Boys 29.5 Basketball – Girls 28.5 Basketball
- Handheld Time Clock in case Scoreboard isn't working
- Manual Flip Number Score Chart if no Scoreboard
- Regulation Basketball Scorebook
- A responsible Scorekeeper and Scoreboard operator.
- A large visible Possession Arrow on Scorer's table
- 2 Referee Rules Sheets
- First Aid Kit and Cold Packs
- Safe playing conditions – heat, dry floor, chairs for Team, Scorer's Table, etc.
- Licensed EMT/CPR certified
- Faculty Supervisor from the Home team.

4. CODE OF CONDUCT

- **SPORTSMANSHIP must be followed by all participants.**
- **DO NOT RUN UP THE SCORE**
- A team that is winning by 20 or more points at ANY time during the game may not full court press.
- All players and coaches should exchange handshakes “hockey style” at the end of each game.
- Bench areas are for players and coaches only. No spectators.
- Only 1 coach may stand by the bench area during the game.
- There should not be any noise from either BENCH during foul shots.
- No artificial noise makers are allowed at games.
- Any player, coach or spectator who is physically or verbally abusive during the course of the game will be IMMEDIATELY expelled from the gym and will be subject to suspension from future games.
- Any player or coach receiving 2 conduct related technical fouls at any time in the season will be subject to suspension from future games.
- All male coaches and team personnel of the Jewish faith must wear keepahs or caps in the gyms where the games are played.
- As per NY State law, any player showing concussive symptoms during a game (loss of consciousness, dizziness, naseau, vomiting, etc.) must leave the game and may not re-enter the game under any circumstances.
- Game Officials have complete jurisdiction over all aspects of the game.
- The League Commissioner has the final say on all rulings.

COURTESY, COOPERATION & RESPECT ARE THE KEYS.

High School Federation Rules apply for any rules not covered in this Handbook.

A POSITIVE EXPERIENCE FOR ALL IS OUR GOAL.

**ALL COACHES, PARENTS, FANS AND PLAYERS MUST BEHAVE IN A RESPECTFUL,
DIGNIFIED AND MENTCHLUCHKEIT WAY.**