

MJDSBL GUIDELINES 2022-2023

- A. **SCHEDULES & TEAM ROSTERS** (separate attachments) Both forms must be scanned and emailed to msyeshivaleague@gmail.com by **Tuesday, November 8, 2022**. Schedule of Opponents will be sent out after the meeting.
- B. **Coaches Contacts** – please review your cell phone numbers and email addresses and notify me of any corrections. Will be sent out after the meeting.
- C. Season begins **Sunday, November 20, 2022** and ends **Sunday, February 19, 2023**.
- D. **Playoffs** – 1ST Rounds to be played by **Thursday, March 2, 2023**.
Semi Finals to be played by **Tuesday March 14, 2023** (NO GAMES 3/6, 3/7 for Purim).
- E. **Championships** to be scheduled on or week of **March 19, 2023**.
- F. **League Website** (www.yeshivabasketball.org) has the schedule of all League games and is updated with game scores and League news. You will receive a separate email how to Log In and how to Post Scores on the website.

2022 – 2023 MJDSBL GUIDELINES For ALL DIVISIONS

- 1. **ELIGIBILITY** – Only students in 8th grade or below are eligible to play in the MJDSBL.
 - **VARSITY:** Any Boy/Girl whose 15th birthday falls on or before November 20, 2022 is eligible to play
 - **7th GRADE:** Any Boy/Girl whose 14th birthday falls on or before November 20, 2022 is eligible to play.
 - **JV 6th GRADE:** Any Boy/Girl whose 13th birthday falls on or before November 20, 2022 is eligible to play.
 - A player may play on only **one team** while representing his/her school.
 - A player may play **“UP”** but may not play **“DOWN”**.
 - Only Players listed on the Team Roster can play
 - **ROSTERS** are due **Tuesday, November 8, 2022**

2. SCHEDULES – Due by November 8, 2022

- Communication between Coaches is key in setting up your schedule
- The following should be thoroughly consulted **before** scheduling any games: Principals, Bar/Bat Mitzvah dates, Athletic Directors, same school Coaches, School Calendar.
- Coaches are urged to check their Home court availability **during the season**.
- Each Coach should confirm their games with the opposing Coach prior to the game
- No more than 3 games are to be scheduled after Winter Break.
- No games to be scheduled **January 3, 2023**, Fast Day of Aseret B'Tevet.
- Saturday Night games should not begin until 90 minutes after Shabbat ends.
- For schools with more than 1 team, double headers are encouraged.
- All weekday games at North Shore with schools outside of Nassau and Queens must start at 7 pm or later
- All weekday games at Bruriah and RYNJ must start at 7 pm or later
- Tie breaker in the Final Standings will be determined first, by Head to Head and then second, by Total Halftime Score of an NBA game TBD.

- **Schedule Changes**
 - a. All requests must be approved by the opposing team and the Commissioner.
 - b. Each team is allowed 1 Free game change with a 3 day advance notice.
 - c. For any additional change that team will be charged a \$150 change fee
 - d. Emergency Postponements – i.e Snow
In the event of an emergency, the Commissioner and the opposing Coach must be consulted ASAP by phone

3. GAME DURATION, Overtime, Timeouts, FOULS, 3 Pointers

- **ALL** MJDSBL games in **ALL** divisions are 4 quarters of 8 minutes stop time.
- Halftime is 5 minutes.
- All Overtime periods are 4 minutes.
- Timeouts: Each team is allowed 5 Full Timeouts in regulation and 1 additional Timeout in the Overtime period.
- **FOULS** - Normal 1 and 1 free throw rules will take place for the 7th foul in the half and the 10th foul will be a double bonus (2 shots). This is for **ALL** divisions.
- **3 Pointers** are allowed in **ALL** divisions.

4. UNIFORMS

- All Team members must wear **legally numbered** uniforms (digits 0 – 5) i.e. no 36, 49, etc.
- Each player must have **white** Home uniforms and **dark** Road uniforms.
- All players on the same team must wear the same uniform.
- **All Girl** players must wear T shirt uniform tops with sleeves and ankle length sweat pants or a skirt. Neither shoulders nor ankles may be exposed.

5. HOME TEAM must provide the following at each game:

- Regulation Boys 29.5 Basketball – Girls 28.5 Basketball
- Handheld Time Clock in case Scoreboard isn't working
- Manual Flip Number Score Chart if no Scoreboard
- Regulation Basketball Scorebook
- A responsible Scorekeeper and Scoreboard operator.
- A large visible Possession Arrow on Scorer's table
- 2 Referee Rules Sheets (sent out after meeting)
- First Aid Kit and Cold Packs
- Safe playing conditions – heat, dry floor, chairs for Team, Scorer's Table, etc.
- Licensed EMT/CPR certified
- Faculty Supervisor from the Home team.

6. CODE OF CONDUCT

- **SPORTSMANSHIP must be followed by all participants.**
- **DO NOT RUN UP THE SCORE**
- A team that is winning by 20 or more points at ANY time during the game may not full court press or run fast breaks.
- All players and coaches should exchange handshakes “hockey style” at the end of each game.
- Bench areas are for players and coaches only. No spectators.
- Only 1 coach may stand by the bench area during the game.
- There should not be any noise from either BENCH during foul shots.
- No artificial noise makers are allowed at games.
- Any player, coach or spectator who is physically or verbally abusive during the course of the game will be IMMEDIATELY expelled from the gym and will be subject to suspension from future games.
- Any player or coach receiving 2 conduct related technical fouls at any time in the season will be subject to suspension from future games.
- All male coaches and team personnel of the Jewish faith must wear keepahs or caps in the gyms where the games are played.
- As per NY State law, any player showing concussive symptoms during a game (loss of consciousness, dizziness, nausea, vomiting, etc.) must leave the game and may not re-enter the game under any circumstances.
- Game Officials have complete jurisdiction over all aspects of the game.
- The League Commissioner has the final say on all rulings.

COURTESY, COOPERATION & RESPECT ARE KEY.

High School Federation Rules apply for any rules not covered in this Handbook.

A POSITIVE EXPERIENCE FOR ALL IS OUR GOAL.

**ALL COACHES, PARENTS, FANS AND PLAYERS MUST BEHAVE IN A RESPECTFUL,
DIGNIFIED AND MENTCHLUCHKEIT WAY.**

Good luck and Hatzlacha! Looking forward to a great season!

Judah Rhine 516-707-2638